



Curriculum Implementation: PSHE / RSE / Mental Health

At Kingsway Primary, we follow a carefully constructed and ambitious PSHE / RSE programme which suits the needs of our learners.

This curriculum is sourced through Jigsaw and My Happy Mind, external agencies which house a wealth of online resources and lesson sequences. This ensures that there is progression and consistency across teaching of PSHE/RSE throughout school.

The aim of our PSHE Curriculum is to empower pupils to become successful members of their society. Pupils develop the skills they need to support them in their next challenges.

Through our curriculum we intend to teach key concepts such as consent, bullying, relationships in an age-appropriate way. As pupils progress through the school, they will develop their critical thinking skills and have opportunities to role-play scenarios.

At Kingsway Primary School we have a dedicated team of well trained staff that work hard to reach high standards in everything we do. We actively seek opportunities to develop as professionals through carefully selected CPD in order to acquire the most up subject knowledge.

In PSHE, our planning takes into account pupils' prior knowledge and learning in order to carefully sequence their next steps in learning. Teaching and learning is underpinned by opportunities for repetition and practise of essential knowledge, skills and understanding. This ensures that children are able to revisit previous learning and help them to remember in the long term, content taught and how to integrate new knowledge into larger concepts. In PSHE, the same 6 topics are taught throughout the academic year in all year groups, deepening understanding as pupils move through the year groups. This allows pupils to

revisit and build upon their prior learning. During every PSHE lesson, children will be reminded of their prior learning for that topic.

Assemblies also integrate the key skills we strive for our pupils to acquire. The songs we sing are often seasonal but also celebrate songs for collective worship and songs from Jigsaw. The songs bring the school together to celebrate singing, with an emphasis on teamwork, kindness and respect.

Within the curriculum, we have identified precise and clear end points for each subject for each half term. We are ambitious for all our pupils and expect them to work towards and achieve these end points in all curriculum areas.

By the end of primary school, pupils should know:

- Families are important for children growing up because they can give love, security and stability.
- Characteristics of a healthy family life.
- Other families may look different from our own.
- Stable, caring relationships have different types.
- Friendships are important in making us feel happy and secure.
- Characteristics of friendships include mutual respect, truthfulness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems.
- Healthy friendships are positive and welcoming towards others.
- Most friendships have ups and downs.
- How to recognise who we can trust.
- Importance of respecting others even when we have many differences.
- Practical steps for improving relationships.
- Conventions of courtesy and manners.
- Importance of self-respect.
- They can expect to be treated with respect.
- About different types of bullying.
- What a stereotype is and how they can be unfair, negative or destructive.
- People can sometimes behave differently online, including by pretending to be someone they are not.

- The same principles apply to online relationships as face to face relationships.
- Rules and principles for keeping safe online.
- How to consider online friendships.
- How information and data is shared and used online.
- What sorts of boundaries are appropriate in friendships.
- About the concept of privacy and implications of it.
- Each person's body belongs to them and the difference between safe and unsafe physical or other contact.
- How to respond safely to adults they may encounter.
- How to recognise and report feelings of being unsafe.
- How to ask for advice or help, and where.
- How to report concerns or abuse, including the vocabulary and confidence needed to do so.

We implement Jigsaw and My Happy Mind, which incorporates well-structured lessons that are progressive in the skills, knowledge and the vocabulary we are hoping our children will acquire. Additionally, it provides opportunities to revise and build on prior learning. Teachers are able to assess within the lesson and scaffold learning accordingly.

Our curriculum recognises that pupils need to be taught key concepts in a way that minimises overload and maximises retention.

Our PSHE Curriculum is designed to be accessed by all pupils at Kingsway Primary School. Pupils who have special educational needs and/or disabilities follow the curriculum with their peers. Jigsaw's lessons are ambitious but easily adapted to meet the individual needs of its learners and we comply with the requirements set out in the new SEND Code of Practice. Staff are skilled at identifying the needs of their learners and in most instances are able to provide the resources or adapt their lessons to meet pupils' needs within the class setting. If a child's need is more severe we may involve the appropriate external agencies to support the children and make recommendations and assessments.

We enhance our PSHE curriculum through teaching the school motto of ready, respectful and safe. This motto covers all behaviours which are appropriate for school and all our school rules follow this motto.

We also use *No Outsiders* books which demonstrate an important issue within society and allow for a critical discussion about the actions of characters in the books. This allows children to see the impact of different behaviours and to expose them to a range of things they might encounter in society. The *No Outsiders* books allow children to make generalisations about how to behave and how to treat others. We read a *No Outsiders* book each half term.

Our pupils' mental health and wellbeing is supported through the use of our Mind Hub room. The Mind Hub is a calming, sensory space where pupils can receive tailored interventions for their social, emotional and mental health needs.

We have CAMHs visit school once a week to support identified children with their social, emotional and mental health needs.

At Kingsway Primary School, we have worked hard to ensure that all our pupils at every stage of their learning journey, have the opportunity to be exposed to reading materials. It is our firm belief that reading is a vital skill, we therefore emphasise it throughout school. Within PSHE, we expose the children to a variety of reading materials to support class discussions, such as written scenarios.

At Kingsway, we consider reading to be a vital life skill. We therefore prioritise it and emphasise its importance. We ensure that children read frequently and listen to adults read to them. This develops their confidence, whilst promoting a love of reading for pleasure.